



Infirmiry Guidelines

The Nurses at the MMA Infirmiry are pleased that your child has joined our distinguished corps of cadets. Our mission is to provide your child with a healthy and safe environment. In order to achieve this goal, we will need your assistance as parents/guardians with the following:

Please fill out all infirmiry/health forms. Please be completely honest with your answers so that we may provide your cadet with the best possible care. These forms are confidential.

1. It is imperative that your cadet have an up-to-date physical and immunization record signed and dated by your physician. This record must be updated yearly. Without it your cadet may not participate in activities and sports vital to cadet life and will not be able to remain on campus.
2. Please review the over-the-counter medication sheet. These are the medications we routinely administer. Cross out any medications that you do not want us to dispense to your cadet. We do not contact parents each time a medication is administered to a cadet. We will call the parent if we believe the cadet must be seen by our local physician. Cadets may not keep any form of medication in their room except for topical creams, inhalers and birth control pills.
3. If your cadet is on a prescribed medication, it is imperative that the physician sign the Medical Evaluation form with the medication name, dosage and frequency indicated. If at any time there is a dosage change or if a medication is to be discontinued we must have this form or a signed note from the physician stating as such. **No medication will be administered without the proper form from the physician. We do not start new medication nor change dosages on Cadets. They must return home for at least 1 week so they may be closely monitored, to establish that the medication is effective and has no undesirable side effects. No medication will be stopped on campus. The cadet must return home for at least 1 week to be closely monitored.**
4. It is the parent's responsibility to make sure that the cadet has medication available. Many medications must be written and filled monthly. Please obtain the refills as needed and mail them to us at the school address, attention to the infirmiry. It is imperative to the success of your cadet that he or she has medication available. Without medication your cadet may need to return home until such time that the refill has been obtained. If the doctor we use prescribes a medication (other than behavioral) we will obtain it at the local pharmacy. There is a nominal fee of \$10.00 associated for this service.
5. MMA does not allow Protein shakes or energy drinks.
6. A nurse on campus seven days a week. A nurse is always on call should an emergency arise.
7. Should it be deemed necessary for your cadet to see a Physician, we use Valley Health (SMH) Multispecialty Clinic. These appointments are not for routine care but for circumstances that require immediate care. All routine visits, such as eye examinations, dental appointments, and yearly physicals should be done during the furloughs. For emergencies we are in close proximity to Shenandoah Memorial Hospital. Please make sure that the infirmiry has your cadet's insurance information. Please provide a copy of the insurance card (front and back).
8. Important infirmiry numbers:
Direct dial: 540-459-0430
Cell phone: 540-325-7937
Infirmiry Fax: 540-459-7642