



# Massanutten Military Academy

## FITTING INFORMATION

Please return with contract.

Cadet name: \_\_\_\_\_  
Last Name First Name MI Grade

In order for your cadet to be best fitted and make the enrollment process easier for everyone, please take the time to measure your son/daughter. You do not have to have a person with experience take the measurements. Just follow the measuring instructions below.

1. **Select size for tops** Youth or Adult  
Extra Small Small Medium Large Extra Large
2. **Select size for bottoms** Youth or Adult  
Extra Small Small Medium Large Extra Large
3. **Chest Measurement**\_\_\_\_\_ inches.  
Measure at the largest part of the chest and upper back leaving room (approximately the thickness of the flat palm of your hand) for a comfortable fit. Make sure arms are at the individual's sides.
4. **Out Sleeve Measurement**\_\_\_\_\_ inches.  
Measure from the base of the neck at the spine, over the top of the shoulder, down the arm to a point approximately 1 inch below the wrist bone.
5. **Neck Measurement**\_\_\_\_\_ inches.  
Measure around the neck at a point halfway from the base of the neck and the lower jaw.
6. **Waist Measurement**\_\_\_\_\_ inches.  
Measure around the waste making sure the tape is parallel with the ground and crosses directly over the belly button. Fit should be snug, but not too tight.
7. **Inseam Measurement**\_\_\_\_\_ inches.  
Measure from the groin down the leg to a point halfway between the ankle and the bottom of the foot.
8. **Hat Size**\_\_\_\_\_.  
Measure around the head with the tape measure just above and parallel to the eyebrows. This measurement in inches will be used to determine your cadet's proper hat size.
9. **Shoe Size**\_\_\_\_\_.  
This shoe size should reflect the size DRESS SHOE your cadet wears. Many times tennis shoe sizes do not correspond with dress shoe sizes. The dress shoe should fit well and leave no room for the heel to slip.