

## Middle School Cadet Schedule

| <b>Monday/ Wednesday/ Friday</b>           | <b>Tuesday/ Thursday</b>               |
|--|--|
| 0600-615: Wake up                          | 0600-615: Wake up                      |
| 0700-740: Breakfast                        | 0700-740: Breakfast                    |
| 0800-0905: Period 1 Algebra                | 0800-0940: Period 6 Art / Band         |
| 0910-1015: Period 2 English                | 0945-1125: Period 7 Leadership         |
| 1020-1125: Period 3 Science                | 1135-1230: Formation/Mess II           |
| 1135-1230: Formation/Mess II               | 1240-1420: Period 8 Physical Education |
| 1240-1345: Period 4 History                | 1425-1455: Family Meeting/ Mentor Time |
| 1350-1455: Period 5 Physical Education     | 1500-1545: Drill Time                  |
| 1500-1540:                                 | 1600-1730 Study Period                 |
| Club Time (Mondays)                        | 1615-1655 Dinner                       |
| Academic Coaching (Wednesdays and Fridays) | 1900-2030 Evening Activity             |
| 1600-1730 Study Period                     | 2030-2100 Prepare for Bed              |
| 1815-1855 Dinner                           | 2130 Bedtime                           |
| 1900-2030 Evening Activity                 |  |
| 2030-2100 Prepare for Bed                  |  |
| 2130 Bedtime                               |  |